

<u>VenMX Gear Checkers Checklist</u> <u>DAY PACK PATROLS ONLY</u>	<u>Patrol name:</u>	<u>Checkers' names:</u>
--	----------------------------	--------------------------------

Record number of missing or non-complying item ONLYs. Do NOT tick OK items.

Number of youth in patrol as checked->	Number items missing or non-compliant	Comments
<u>Personal Critical General Equipment items (compulsory):</u>		
1. Strong backpack, suitably sized & adjusted		
2. 2 litres water with at least 600 ml of this in a non-breakable non-bladder (softdrink, water <u>or</u> juice bottles, not weak milk bottles etc)		
3. Jumper <u>or</u> warm long-sleeved shirt <u>or</u> thermals		
4. Raincoat <u>or</u> anorak <u>or</u> strong poncho <u>or</u> small personal tarp <u>or</u> plastic sheet with suitable ties so can be secured poncho-style (<i>must be able to withstand rough use</i>)		
5. Food & utensils for lunch, snacks		
6. Small torch <u>or</u> Cap lamp		
7. Spare batteries for torch <u>or</u> cap lamp		
8. Suitable hiking shoes/boots (wear)		
9. Suitable heavy socks (wear) <u>or</u> outer socks & inner polypro socks		
10. Hat with full brim <u>or</u> Legionnaire's hat (wear)		
11. Hiking shirt with collar & at least short-sleeves (wear. Can be same shirt as in item 3. Sleeveless <u>or</u> collarless not acceptable for walking.		
12. Strong hiking pants (wear)		
13. Underwear (wear)		
<u>Personal General Equipment Required:</u>		
14. Waterproof internal pack liner <u>or</u> heavy duty plastic bag <u>or</u> waterproof pack cover		
15. Toilet paper in plastic ziplock bag		
16. Plastic bags - personal rubbish (2)		
<u>Personal Critical First Aid Kit items (compulsory):</u>		
17. Personal medications (incl antihistamines, Ventolin, EpiPen etc if required)		
18. Sticking plaster (roll) <u>or</u> strapping tape <u>or</u> duct tape (blisters, etc)		
19. 50 mm conforming bandage (snakes etc)		
20. Scissors (<u>or</u> bring pocket knife)		
<u>Personal First Aid Kit items Required:</u>		
21. Sunscreen (small container)		
22. Insect screen (<u>or</u> combined with sunscreen)		
23. First aid cream <u>or</u> Betadine		
24. Band-aids (10)		
25. Panadol <u>or</u> similar (6)		
26. Sharp pointed tweezers (splinters, ticks, etc)		
<u>Personal Critical Survival Kit items (compulsory):</u>		
27. Whistle		
28. 2 pkt matches (in waterproof bag) <u>or</u> full gas lighter		
29. Space/emergency blanket		
<u>Personal Survival Kit Required:</u>		
30. Signalling mirror (old CD <u>or</u> equivalent)		
31. 3.6 m lanyard (6 mm poly <u>or</u> 8 mm sisal) with secured non-unravelling ends		
32. 3 m strong twine		
33. Needle and thread		
34. Spare shoe/bootlaces (if twine in item 32 not suitable)		
35. NOT CARRYING: Mobile with GPS, GPS, Machetes, Boom boxes		

VenMX Gear Checkers Checklist
DAY PACK PATROLS ONLY

Patrol name:

Checkers' names:

Record number of missing or non-complying item ONLYs. Do NOT tick OK items.

<u>Patrol Critical General Equipment items (compulsory):</u>	
1. "Silva" <u>or</u> equivalent compass (2)	
2. Route instructions in map case <u>or</u> ziplock bag with strap (2 sets)	
3. Maps in clear, waterproof A4 size map case with neck strap	
4. Biro (2)	
5. Two working wrist <u>or</u> fob watches (mobile phones do not count)	
<u>Patrol General Equipment Required:</u>	
6. Special task instructions including any attachments (2 sets)	
7. General Route Instructions – Both Days	
8. Highlighter (2)	
9. 100 mm ruler (<u>or</u> longer) <u>or</u> compass edge if graduated in mm	
<u>Patrol Critical First Aid Kit items (compulsory):</u>	
10. 100 mm (4) & 25 mm (1) conforming bandages	
11. Triangular bandage (4)	
12. Antiseptic hand wipes (8) <u>or</u> solution/gel	
13. 5 non-adhesive sterile gauze dressings (incl 1 large)	
<u>Patrol First Aid Kit Required:</u>	
14. 25 ml saline solution bottles (4)	
15. Disposable gloves (2 pr)	
16. Safety pins (2 large, 2 medium, 2 small)	
17. Elastoplast bandaid strip (300 mm in strips <u>or</u> single length)	
18. Small notebook <u>or</u> 4 sheets of A4 paper	
19. Biro (2)	
20. Scissors (Patrol scissors)	
<u>Patrol Critical Survival Kit items (compulsory):</u>	
21. Copy of VenMX safety and lost procedures (as issued Fri night)	
22. Phone numbers of 5 key VenMX safety staff (as issued Fri night)	
<u>Patrol Survival Kit Required:</u>	
23. Candle (150 mm <u>or</u> 2 x 75 mm)	
24. 2 pkt matches (in waterproof bag) <u>or</u> full gas lighter	